

The Ten Commandments

Lesson Objectives

- The children will identify Moses as a leader of God's people.
- The children will state that today God gives us the Bible and leaders to show us how to live.
- The children will state why God gave his people the Ten Commandments.

Lesson Text

Exodus 19, 20

Scripture Memory Verse

"Your word is a lamp to my feet and a light for my path."

Psalm 119:105

Lesson Plan

Greeting and Registration

Preclass Activity: Mount Sinai

Welcome and Singing

Centers:

Bible Story: Stone Tablets

Life Application: Precious Things

Craft: My Bible

NOTE: Be sure to allow sufficient time for a snack.

1 Have no other gods
2 Do not make idols
3 Do not misuse my name
4 Keep the Sabbath
5 Honor your father and mother

6 Do not murder
7 Do not be unfaithful
8 Do not steal
9 Do not lie
10 Do not be jealous

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Mount Sinai

The children will make a model of Mount Sinai and the tablets of the Ten Commandments for the Bible story.

Materials

For the teacher:

- medium size box
- 2 large pieces of posterboard
- black, gray, and brown construction paper
- glue and/or tape

Preparation

Cut the poster board to look like large tablets of stone.

Instructions

1. For the "stone tablets":
 - A. Have the children glue gray construction paper to cover each poster board to look like a stone tablet.
 - B. Write the numbers 1-5 on one "stone tablet" and the numbers 6-10 on the other one.
2. For the "mountain":
 - A. Have the children rip pieces of black and brown construction paper.
 - B. Have the children glue the pieces of construction paper onto the box, covering it to look like a mountain.
3. Give the "stone tablets" and the "mountain" to the Bible story teacher.

Conclusion

As the children are working ask if they have ever heard about Moses or the Ten Commandments. Tell them that Moses was a great leader of God's people and that God loved him and helped Moses to lead and teach people.



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Stone Tablets

The children will learn that God took care of the Israelites and compare it to how he takes care of us now.

Lesson Text

Exodus 19, 20

Materials

For the teacher:

- Mount Sinai from the Preclass Activity
- Bible

Reproducible Pages:

- Page A, 1 copy for the teacher

Preparation

1. Cut out the Moses figure from the copy of Reproducible Page A.
2. Color the Moses figure.
3. Place the Moses figure in between the pages of Exodus in your Bible.

Instructions

Do you know who is in my Bible? Let the children guess. If they say David, Jesus, Noah, etc. answer: Yes, and do you know who is in Exodus?

Help them look through your Bible until they find the figure of Moses. *Do you know who this is? This is Moses. Moses was a man who lived many, many years ago. Would you like to hear a story about Moses? We can read about Moses in Exodus. Exodus is the second book in the Bible.*

A long time ago before the Bible was written, God chose a leader to talk to the people and teach them rules about how to live a happy life. The leader would teach the people about God. One of the leaders that God chose was Moses. Moses was a very powerful leader and an obedient man who always tried to do what pleased God.

One day God told Moses to have the people camp in the area called Sinai. There was a very tall mountain there called Mount Sinai. Let's pretend that this mountain that you made is Mount Sinai. While the people were setting up their tents and unpacking all their things, God spoke to Moses and told him how special the people were to him. God loved them very much and he wanted

them to obey him. God said if they obeyed him, he would always treasure them. (Exodus 19:4,5)

Moses told the people this and they were very excited. They said, "Oh, yes, we will do everything that God wants us to do." (Exodus 19:8)

"The Lord said to Moses, 'I am going to come to you in a dense cloud, so that the people will hear me speaking with you and will always trust you.' Then Moses told the Lord what the people had said." (Exodus 19:9)

"And the Lord said to Moses, 'Go to the people and tell them they must take 3 days to get ready for my visit. During those three days, they are to bathe themselves and wash everything they have so they will be their best when I come near.' He also told them to be sure not to come up on the mountain or to even touch the mountain until they heard a horn (Exodus 19:9-13).

Can you imagine how excited the people must have been to know they would be able to hear God? What do you think God would sound like? (strong, powerful voice)

When the three days had passed, the mountain grew dark. Listen while I read to you what happened. Read Exodus 19:16-19: "On the morning of the third day there was thunder and lightning, with a thick cloud over the mountain, and a very loud trumpet blast. Everyone in the camp trembled. Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. Mount Sinai was covered with smoke, because the LORD descended on it in fire. The smoke billowed up from it like smoke from a furnace, the whole mountain trembled violently, and the sound of the trumpet grew louder and louder. Then Moses spoke and the voice of God answered him."

Wow! God came down on the mountain in a big cloud of smoke. And he talked to Moses so that everyone could hear him speak.

Then he told Moses to come up onto the mountain to talk to him some more. While they were on the mountain God gave Moses something very special. He gave him the Ten Commandments. Show the children the stone tablets from the Preclass Activity. The Ten Commandments were the first laws that God wrote down. He wrote them on stone tablets. God carved the words on these tablets because he wanted the people to know how to obey him. That's just what the Bible teaches us. Today instead of stone tablets we



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have books. Books teach us a lot of different things. What does the Bible teach us? Yes, the Bible teaches us about God and how we should obey God.

Our memory verse is: "Your word is a lamp to my feet and a light for my path." For Moses and the people that is what the Ten Commandments were. They helped the people to know the right thing to do. The commandments showed them what to do just like a light helps us to see which way to go when it is dark. God loves us and wants us to obey him and be happy.

Conclusion

Ask the children the following questions as a review:

Who was Moses? (a leader who powerfully led God's people)

What did God give to Moses to help him teach the people? (the 10 Commandments)

How did God feel about his people? (they were special to him, he loved them)

What are some ways that God took care of his people? (he provided them with food and a place to live)

What are some ways that God takes care of us? (he gives us families to take care of us, homes, food, clothes)

Teacher Tips

Encourage the children on how well they listened and on their props for the story.



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Precious Things

The children will talk about why God gave the people the Ten Commandments and relate that to God giving us the Bible today.

Scripture Memory Verse

"Your word is a lamp to my feet and a light for my path."

Psalms 119:105

Materials

For the teacher:

- a Bible
- wrapping paper
- tape

Preparation

Wrap the Bible with wrapping paper.

Instructions

Ask each child; *What is something that you treasure? Something that is precious or special to you?* Help the children think of things that are special by showing them something that is special to you. For example, a piece of jewelry, an article of clothing or something someone gave you.

How do you feel when you have your treasure or special thing that you can hold or look at? Would you give that special thing to just anyone? No! You would only give it to someone who was special to you.

Well that is how God feels about all of you! You are all special to God. God made everyone and loves everyone that he made. Because we are special, he gives us something that is a treasure to him. Show the children the present.

Do you remember what God gave Moses so the people could know him better? (the 10 Commandments) This is a treasure that God gives to us so we can know him better and know what makes him happy. Do you know what it is?

Have the children help you unwrap the Bible.

Pass the Bible around and have each child say one way that they know they are special to God (gave me a mom who loves me, gives me food, gives me sunny days to play, etc.).

Scripture Memory Activity

Pass the Bible around for each child to look at. As they hold the Bible have each child say the memory verse.

Conclusion

Choose a child to pray and thank God for the Bible and leaders to help us follow him.

Do you read the Bible with your family? Do you learn great things when you hear the Bible? What kinds of things do you learn? Do you tell your friends about the things that you learn? Your friends would like to hear how special they are to God. Who do you want to tell about what you are learning in Bible Class today? Do you think your friend would like to come with you to Bible Class?

Teacher Tips

Be sure that each child gets a turn to share and feels special.



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"Your word is a lamp
to my feet and a
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Psalm 119:105



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My Bible

The children will make a Bible of the Ten Commandments to remind them of the Bible Story.

Materials

For each child:

- 1 piece of red construction paper
- 1 piece of white construction paper
- crayons or markers
- glue stick

For the teacher:

- yarn
- ruler
- scissors
- single hole punch

Reproducible Pages:

- Page B, 1 copy for each child

Preparation

1. Fold each piece of red construction paper in half for the cover of the Bible.
2. Write "My Bible" on the outside cover. See Figure A.
3. Cut two 5" pieces of yarn for each child.
4. Cut out the Bible pages from the copies of Reproducible Page B.
5. Make a model of the craft following the instructions.

Instructions

1. Give each child a Bible page. Have each child draw a picture of one way that God takes care of them (through Mommy and Daddy, keeping them safe in a home, by giving them friends).
2. Give each child a piece of red construction paper.
3. Have the children fold the Bible page in half to make a crease and then unfold it.
4. Have the children glue the Bible Page to the inside of the red construction paper. See Figure B.
5. Help the children punch two holes through their "Bibles," as shown in Figure C.
6. Give each child two pieces of yarn to thread through the holes. Help the children tie the yarn in place. See Figure D.
7. Help the children write their names on their "Bibles".

Conclusion

Remind the children that God gave Moses the Ten Commandments so that his people would know how to live. *Now we have the Ten Commandments plus the whole Bible to show us how to live. God gave it to us to take care of us.*

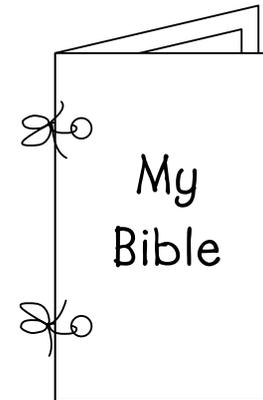
Talk to the children about a few of the commandments and what they mean.

What did God give us so that we know how to live? (the Bible and leaders)

Who taught the people in the Bible how to live? (Moses)

Teacher Tips

The children may need your help to think of things to draw.



CRAFT

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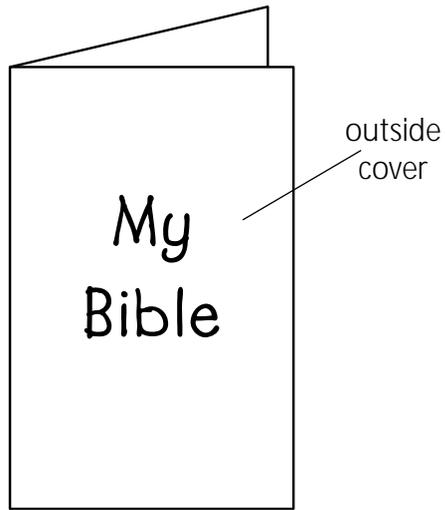


Figure A

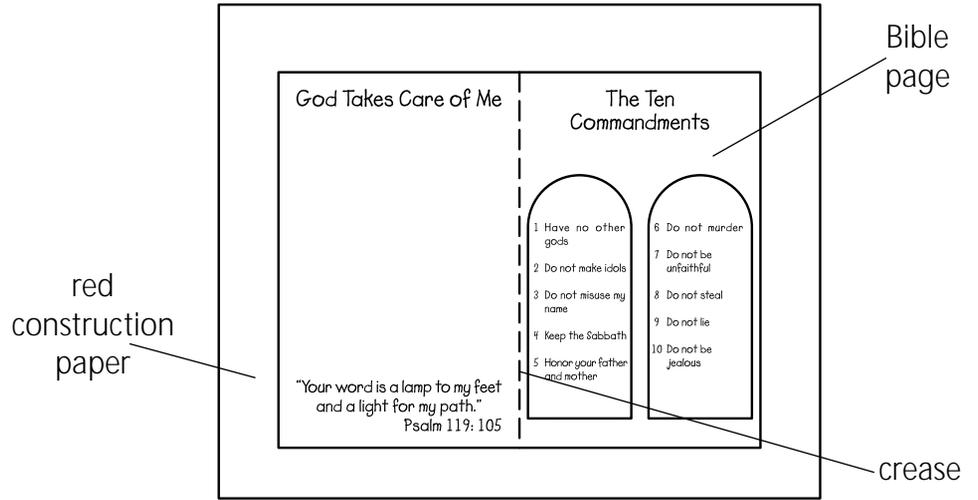


Figure B

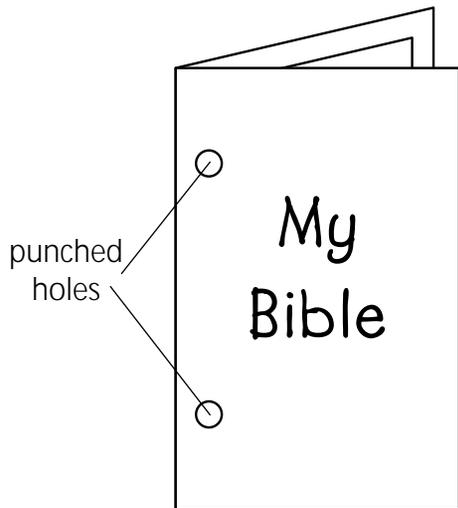


Figure C

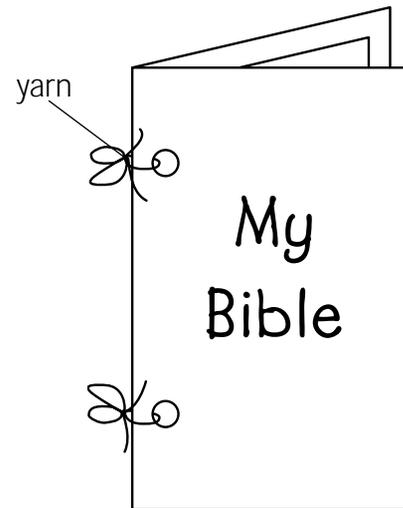


Figure D



The Ten Commandments



Lesson Objectives

- The children will identify Moses as a leader of God's people.
- The children will state that today God gives us the Bible and leaders to show us how to live.
- The children will state why God gave his people the Ten Commandments.

Lesson Text

Exodus 19, 20

Scripture Memory Verse

"Your word is a lamp to my feet and a light for my path."
Psalm 119:105

Light Collage

The children will make a collage to remind them that the Bible is a light and a guide to live by.

Materials

For each child:

- glue stick

For the teacher:

- scissors
- magazines
- 1 large piece of poster board



Preparation

1. Cut the poster board into the shape of a large footprint.
2. Cut out pictures of lights from magazines (lamps, stars, the sun, flashlights).

Instructions

1. Remind the children of the Bible story. *In the story we learned that God's words are like a light to guide us. They show us what to do and where to go.*
2. Have the children glue the pictures onto the footprint.



Lesson Plan

Greeting and Registration

Preclass Activity: Light Collage

Welcome and Singing

Centers:

Game: Ten-centration

Craft: Frame of Honor

Life Application: Precious Things

NOTE: Be sure to allow sufficient time for a snack.

Conclusion

Talk with the children specifically about how the Bible teaches the correct way to live and how to be happy. For example, it teaches us to be obedient, honest and kind to others.

Teacher Tips

Another idea is to have several feet for groups of children to work on and then tape them to the wall or banner paper as if they were footprints. Have the children take turns walking in the footprints.



Ten-centration

The children will play a matching game to remind them of the ten commandments.

Materials

For the teacher:

- a deck of cards



Preparation

Remove all of the aces, face cards and jokers from the deck of cards. Put them aside.

Instructions

1. Arrange all of the numbered cards upside down and in rows. (6 rows of 6 cards across)
2. Choose a child to go first.
3. Have the child chose two cards and turn them over. If the number and the color match (a three of diamonds and a three of hearts) the child keeps the pair and gets another turn. If they do not match, have the child turn the cards back over, face down, and it is the next child's turn.

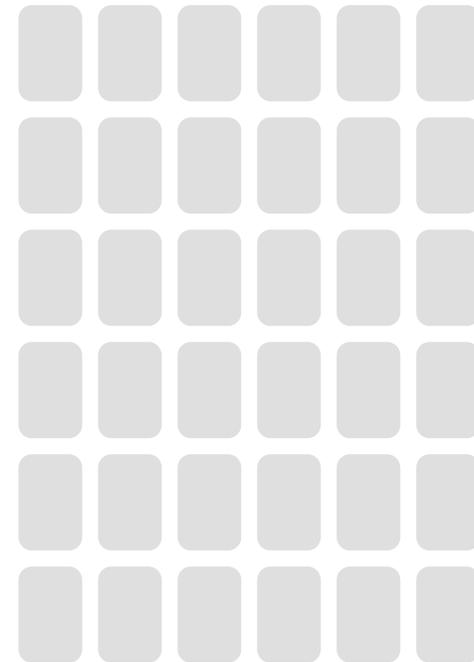


Conclusion

As the children play ask them to tell you some of the ten commandments. (Do not steal, do not lie, honor your father and mother).

Teacher Tips

- Do not emphasize winners or losers with this age group. They will take it very personally. The object of the game is to get matches, not to "win."
- To simplify for younger children, create two games. Use the black cards for one game and the red cards for the other.





Frame of Honor

The children will be reminded to honor their father and mother as they make this craft.

Materials

For each child:

- 4 craft sticks
- glue stick
- decorative items: sequins, buttons, pieces of felt, cotton balls
- crayons or markers

For the teacher:

- poster board

Preparation

1. Cut the poster board into 4½" squares. Cut one for each child and write, "Honor Your Mother and Father" on each square.
2. Make a model of the craft following the instructions.

Instructions

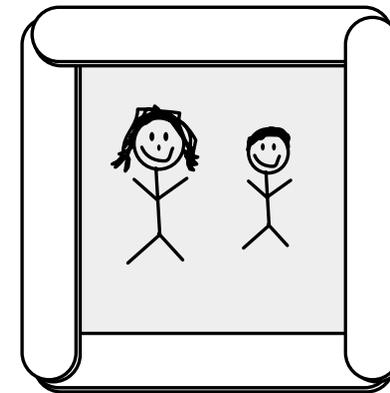
1. Read the commandment "Honor Your Mother and Father" to the children. Explain to them that this is one of the ten commandments, one of the rules that God wants us to follow. Show them the model of the craft and where the commandment is written.
2. Give each child a square piece of poster board and have them draw a picture of their mother and father on the blank side.
3. Give each child four craft sticks to glue around the picture as a frame. See Figure A.
4. Have the children choose decorative items to glue onto their frames.

Conclusion

Suggest to the children that they give the picture to their parents. This is one way to honor their parents. Ask the children what other ways they can honor their parents.

Teacher Tips

- Punch holes in construction paper to make confetti for a decorative material.
- Measure the craft sticks and adjust the size of the picture squares if necessary.



supplement

CRAFT

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The Nature of God

Lesson 1

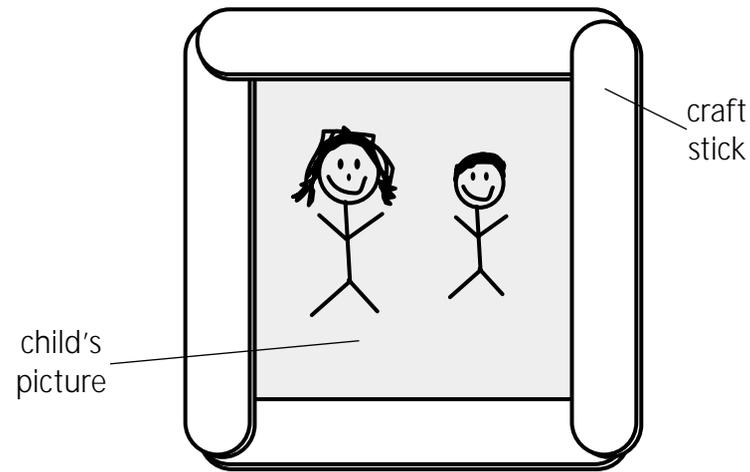


Figure A



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Precious Things

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Scripture Memory Verse

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Scripture Memory Activity

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"Your word is a lamp
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Core/Bible Story

1 copy for the teacher



Moses figure

Read-Observe-Write

Page

A



REPRODUCTION

Page

B

God Takes Care of Me

"Your word is a lamp to my feet
and a light for my path."
Psalm 119: 105

The Ten Commandments

- | | |
|--------------------------------|------------------------|
| 1 Have no other gods | 6 Do not murder |
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Bible page